



QURANIC GEMS

Allah loves...

By

Shaykh Dr. Moiz Hasan Db





Allah (SWT) Loves those who have *zuhd* (i.e., unattached to the world)

فقال: يا رسول الله دلني على عمل إذا عملته أحبني الله، وأحبنى الناس، فقال:
”أزهد في الدنيا يحبك الله، وأزهد فيا عند الناس يحبك الناس“

A man came to the Prophet (*sallallahu alyhi wassalam*) and said, “O Messenger of Allah, guide me to such an action which, if I do, Allah will love me and the people will also love me.” The Prophet (*sallallahu alyhi wassalam*) said: “Have no desire for this world, Allah will love you, and have no desire for what people possess, and the people will love you.” (Ibn Majah)





ازهد في الدنيا يحبك الله

ALLAH LOVES THOSE WHO HAVE ZUHD

Obstacles

There are Some things which are obstacles in the path of attaining the love of Allah.

Normally we speak about shaitan and nafs as obstacles.

However, Shaitan and nafs don't distract us from Allah. Because they will involves us in sin but still we want to love Allah.

The main obstacles are Duniya and the Creation.

Because they make us forget Allah ﷻ.





ازهد في الدنيا يحبك الله

ALLAH LOVES THOSE WHO HAVE ZUHD


Obstacles

The purpose of life is to meet Allah. But duniya makes us forget and makes our purpose - how to achieve things of this duniya.

When we forget our akhirah as the purpose then other things become our purpose and we become passionate about those things.

Quran: “ Spouse and children are a test for you”.

This is when we:

- 1. Exceed
 - 2. Become Over passionate
 - 3. Forget the end
- 

ازهد في الدنيا يحبك الله

ALLAH LOVES THOSE WHO HAVE ZUHD

What is Duniya?

Duniya is anything that distracts us from Allah.

What about the Dua?



• DUA FROM THE QURAN •

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي
الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ ﴿٢٠١﴾

RABBANA ATINA FID-DUNYA HASANATAN WA
FIL 'AKHIRATI HASANATAN WAQINA
'ADHABAN-NAR

Our Lord, give us in this world [that
which is] good and in the Hereafter
[that which is] good and protect us
from the punishment of the Fire



ازهد في الدنيا يحبك الله

ALLAH LOVES THOSE WHO HAVE ZUHD

What about the Dua?

When Allah is asking us to ask for duniya. Allah is asking us to ask the hasanaat of duniya.

What are hasanaat?

Hasanaat are the noble and pure things

Which will not distract us from Allah

Which will not make us transgress

Which will not make us forget Allah

- With the hasaanat of the duniya we can still work in duniya but in such a way that it increases our ranks in akhirah.






ازهد في الدنيا يحبك الله

ALLAH LOVES THOSE WHO HAVE ZUHD

Types of Zuhd

1. To leave the unlawful. This is the least type
2. To only take the good and pure things of this duniya. This is the highest level.

The person can have wealth but when there is no love for it. And the heart is unattached. There is no esteem for the wealth in the heart. This is the real zuhd.





ازهد في الدنيا يحبك الله

ALLAH LOVES THOSE WHO HAVE ZUHD

Heart is the abode of Allah's Love

Allah expects us to have only the love for Allah, and love for the sake of Allah ﷻ in our heart.

The heart has to be reserved for Allah's ﷻ love, for the remembrance of Allah.

On the contrary if a person has love for the duniya then this is the essence of all sins.

All the negative that exists, it boils down to the excessive attachment to the world.



الزهد في الدنيا يحبك الله

ALLAH LOVES THOSE WHO HAVE ZUHD

Analogy of the ship

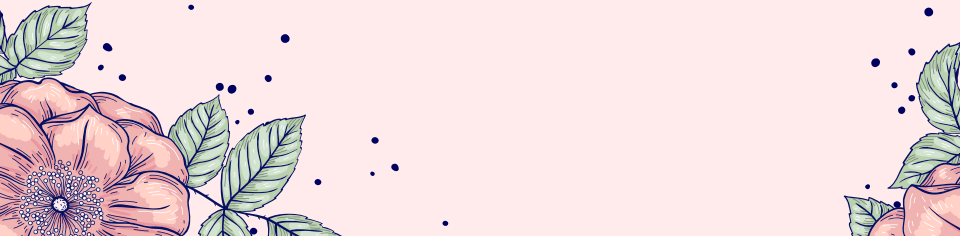
_Keep duniya in your hand, and Allah in your heart .

Greed is the disease of the heart. Wanting more and more from duniya.

We have to live in this duniya but at the same time we cannot let duniya effect us and take over us.

Like the analogy of ship trying to get to the shore. As far as the water is outside the ship, the ship is safe. But If the water comes in side of the ship then the ship will capsize and sink.

Same is with heart. We have to live in this duniya but cannot have the love of the duniya come in our heart. Other wise our ship will also capsize and sink.





ازهد في الدنيا يحبك الله

ALLAH LOVES THOSE WHO HAVE ZUHD

Remedies

Reflection:

_Duniya is the place of deception and is temporary. When we die we go alone. No one from the duniya will come with us. No one will answer for us. We will not have our wealth with us. Only thing that will help are the good deeds we did in this duniya.



ازهد في الدنيا يحبك الله

ALLAH LOVES THOSE WHO HAVE ZUHD

Remedies

Remember death:

Hadith: The Beloved Prophet ﷺ said: “Remember death abundantly.”

Our grave remembers us 100 times everyday.

Hadith: The Beloved Prophet ﷺ said: “Death is the breaker of desires.”

Heart is not a vacuum, it needs something or someone to love.

• So, when we take out love for the duniya from our heart then Allah will fill our heart with the love of Himself.



ازهد في الدنيا يحبك الله

ALLAH LOVES THOSE WHO HAVE ZUHD

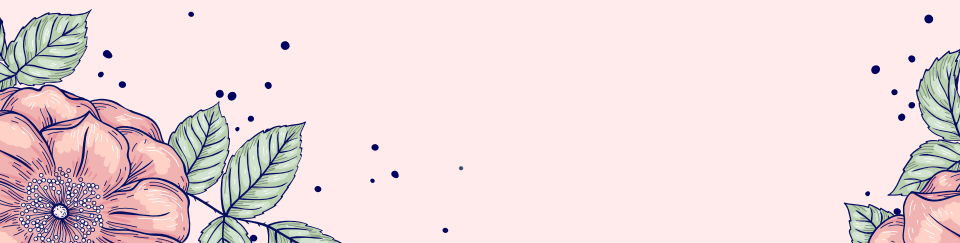
Remedies

Work on things that will help us after death:

Once a person came to a scholar and said he is very scared of dying. So the scholar asked him to give sadaqa often. Later the person came and said now he is not scared of dying infact he is looking forward to it.

The scholar explained to him, this is because he is sending something forward for the akhirah.

There are many other examples of working for after death.





ازهد في الدنيا يحبك الله

ALLAH LOVES THOSE WHO HAVE ZUHD

Remedies

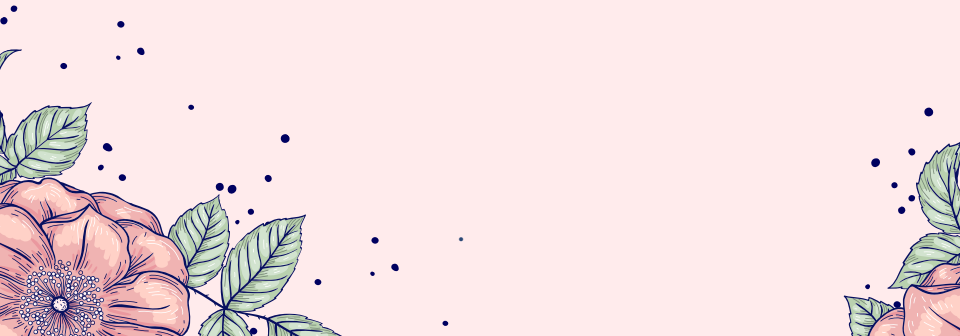
Give it up :

When ever we feel there is excessive attachment to something of the Duniya, and it's making us feel heedless of Allah.

Then we should just give it up.

This is very difficult.

But Allah will fill our heart with His love because we did it for His sake.





ازهد في الدنيا يحبك الله

ALLAH LOVES THOSE WHO HAVE ZUHD

Month of Ramadan

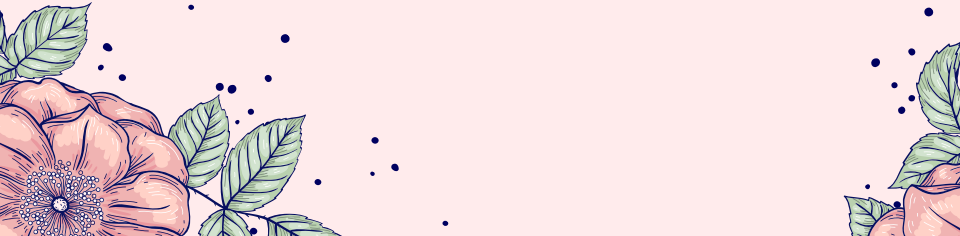
Allah wants us to do the actions that we do every day in such a way that they will take us to Jannah.

Ramadan is not simply the month of fasting.

But it is also a month that we :

1. Detach from duniya
2. Attach with Allah
3. Then reconnect with the duniya in the name of Allah.

If we can spend just one month like this then we will be able to taste the sweetness of the deen.





ازهد في الدنيا يحبك الله

ALLAH LOVES THOSE WHO HAVE ZUHD

Sweetness of Iman

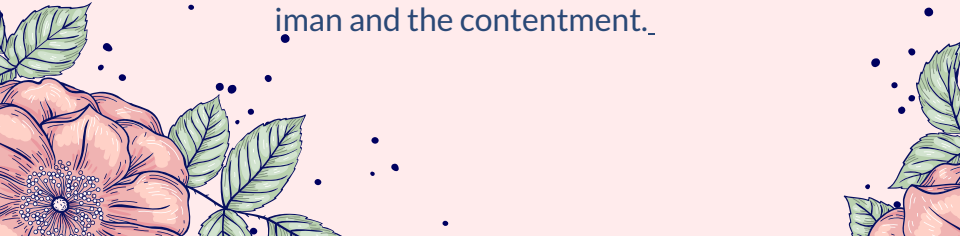
If we lead the life such a way, that we are distracted
by this duniya
Then only one thing can take us out of that.

And that is if we taste the sweetness of the deen ie.

Sweetness of Remembrance of Allah , of salah, of love
of Allah, of being the servant of Allah, of love of
Rasool Allah ﷺ

And this will be enough to take us out from the
sweetness of the duniya we are addicted to.

Then anything can happen in the world around
us but inside our heart we have this sweetness of
iman and the contentment.





ازهد في الدنيا يحبك الله

ALLAH LOVES THOSE WHO HAVE ZUHD

Duniya is like a shadow

Principle : If we turns away from duniya then Allah gives the duniya to us.

Like a shadow.

As long as we are running after our shadow we won't be able to catch it. But the moment we think that we will not run after it and we turn around, the shadow runs behind us.